SALAD PARTY- ROAD TO HEALTHY LIVING

~ Samayviraj Singh (V-A) & Simarpreet Kaur (V-A) ~

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We, the reporters of MSSSP feel highly elated to participate and report about the salad party organised by primary wing(I-V).

It was fun to see cut vegetables and fruits that the students had brought from their homes. It was with great interest and enthusiasm

that they decorated their plates followed by sharing and eating the same. The teachers encouraged them to include it in their meals.

This practice will enlighten the students about the nutritional value of vegetables and fruits and they will start eating them with pleasure.











